

Peer Educator

Job Description

Position type: Part-time volunteer (1-3 hours/week)

Reports to: Health Promoters

You

You're an undergraduate student at McMaster University with an interest in wellness, harm reduction, health equity, and related topics. You're open to broadening your understanding of "wellness" and keen to share your knowledge with your peers to make a healthier campus community.

Us

We are Health Promotion, a team within the Student Wellness Centre (SWC) consisting of health promoters, a communications coordinator and program assistants. We are passionate about promoting student health and wellness.

The Position

Peer Educators are responsible for supporting the work of the Health Promotion team through a variety of activities that work towards enhancing campus well-being. Activities could include opportunities such as content creation (blog posts, social media content, newsletters), facilitating activities (tabling, small events, workshops) and other activities of the SWC. They act as representatives of the SWC among the student body. Opportunities exist related to a variety of topics such as food literacy, mental health, physical activity, sexual health and substance use.

Training

- **Spring/Summer training** through Avenue to Learn (one hour per week)
- **Fall training** in person (one full day)
- **Winter refresher training** in person (half day)
- **Year-long training** in person (optional workshops to enhance your wellness-related knowledge and skills)
- **Program-specific training** as needed

Job responsibilities

- Develop educational content for a variety of platforms
- Deliver programs, campaigns, and events to engage peers on various wellness topics with guidance from the Health Promoter Team
- Other health promotion opportunities

For more information and to apply, visit:
wellness.mcmaster.ca/volunteer