



McMaster Community Fridge Donation Guidelines

Yes please!

- Fresh produce
- Pre made meals from certified kitchens (labeled with kitchen name, ingredients, allergens, prepared/best before dates)
- Sealed PPE and toiletries



Yes, but...

The following are acceptable if commercially packaged, include a list of ingredients, and have an expiry date on it:

- Baked goods
- Dairy
- Frozen goods
- Eggs
- Cooked meat
- Sealed non alcoholic drinks
- Pantry items
- Pet food



No thanks.

- Raw meat or seafood
- Home-cooked food or leftovers
- Rotting or wilted food
- Alcohol or medicine
- Clothing or houseware
- Unlabeled or open food
- Expired food

