

Peer Educator

Job Description

Position type: Part-time volunteer (3 hours/week)

Reports to: Team Lead(s)

You

You're a returning undergraduate or graduate student at McMaster University with an interest in wellness, harm reduction, health equity, and related topics. You're open to broadening your understanding of "wellness" and keen to share your knowledge with your peers to make a healthier campus community.

Us

We are Health Promotion, a sub-department of the Student Wellness Centre (SWC) consisting of an Education Manager, two Health Promoters, three work-study students, and a group of 60 volunteers who work together in teams. We are passionate about promoting student health and wellness.

The Position

Peer Educators are responsible for working cooperatively to deliver workshops, provide evidence-based health information, and promote wellness-related resources available on and off campus. They act as representatives of the SWC among the student body. After completing preliminary training, Peer Educators will sit on one of our six Wellness Outreach Teams: Active Living, Food Literacy, Mental Health, Sexual Health, Substance, and Graduate Wellness.

Training

- **Spring/Summer training** through Avenue to Learn (one hour per week)
- **Fall training** in person (one full day)
- **Winter refresher training** in person (half day)
- **Year-long training** in person (optional workshops to enhance your wellness-related knowledge and skills)

Job responsibilities

- Attend weekly team meetings
- Develop and deliver programs, campaigns, and events to educate peers on topics in your wellness area with guidance from your Team Lead and the Health Promoters
- Write articles for the Wellness@Mac Blog

For more information and to apply, visit:
wellness.mcmaster.ca/volunteer