Peer Educator

Job Description

Position type  Part-time volunteer (3 hours/week)
Reports to  Wellness Outreach Team Leader(s)

You.

You’re a returning McMaster student with an interest in wellness-related topics, including fitness, nutrition, mental health, sexual health, harm reduction, and health equity. You’re open to broaden your understanding of “wellness” and keen to share your knowledge with your peers to make a healthier campus community.

Us.

We are Wellness Education, a small, tight team consisting of an Education Manager, Wellness Educators, and work-study students, and volunteers who work out of the Student Wellness Education Lower Lounge (SWELL). We are passionate about promoting student health and wellness.

The Position.

Peer Educators are responsible for working cooperatively to deliver workshops, provide evidence-based health information, and promote wellness-related resources available on and off campus. They act as representatives of the Student Wellness Centre among the student body.

Training:
- **Summer training** through Avenue to Learn
- **Fall training** in person (one full day)
- **Year-long training** in person (optional workshops to enhance your wellness-related knowledge)

Job responsibilities:
- Attend weekly team meetings
- Develop programs, campaigns, and events each term
- Develop segments for the "Stay Well, Mac" CFMU Radio Show
- Develop posts for our SWC social media accounts